



Please write clearly in block capitals.

Centre number

1 2 3 4 5

Candidate number

1 2 3 4

Surname

Doe

Forename(s)

John

Candidate signature

JD

I declare this is my own work.

Functional Skills Level 2

ENGLISH

Paper 1 Reading

Time allowed: 1 hour

Materials

For this paper you must have:

- **Sources A, B and C** which are provided in a separate Insert Booklet.

Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer **all** questions.
- You must answer the questions in the spaces provided.
- Do not write outside the box around each page or on blank pages.
- If you need extra space for your answer(s), use the lined pages at the end of this book.
Write the question number against your answer(s).
- Do all rough work in this answer book.
- Cross through any work you do not want to be marked.
- You must refer to the Insert Booklet provided.

Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 30.
- There are 10 marks for each section.
- You may use a dictionary.

Advice

- You are advised to check your work carefully.

For Examiner's Use	
Section	Mark
A	
B	
C	
TOTAL	



M A R 2 2 8 7 2 5 R 0 1

IB/M/Mar22/E6

8725R
QAN 603/4285/7



FUNCTIONAL SKILLS ONLINE COURSES

- ✓ Your answers are analysed to determine your Current Level
- ✓ Suggested courses for you to enrol on based on your calculated level
- ✓ Always know the level you are currently working at
- ✓ Determine when you are ready to sit your exam

Recommendations

Based on your results from this initial assessment, we estimate you are currently at **Level 1.5**. From this diagnostic, we think one of the following courses would be suitable:

Functional Skills English Initial Assessment
English
13 Questions | No Time Limit
Start Initial Assessment

Functional Skills Maths Initial Assessment
Maths
25 Questions | Mixed Calculator | No Time Limit
Start Initial Assessment

Functional Skills Maths Level 2
35 Topic Count | 105 Tests
43 Mock Exams
Enrol Now

Pick my own

- ✓ Explainer videos on every topic
- ✓ Quick-fire style multiple choice questions
- ✓ Test your knowledge with exam-style questions
- ✓ Written solutions for all questions

Why do we write...

Practice Question 1 of 5
Calculation
 $76 + 113 = 189$

Question 2 of 5
Select the correct answer from the list below:
129
183
189
194

Written Solution
 $76 + 113 = 189$

Course Completion %
View the completion percentage for the course.

6.44%

Using Numbers
16 TOPICS
27.08% Complete
Start Learning

Previous Results for Addition and Subtraction (including

ATTEMPT DATE	DIFFICULTY	RESULT
25/04/2022 15:39	Easy	80%
18/01/2022 14:01	Medium	20%

- ✓ See your progress through as you progress through each topic area
- ✓ Get your average scores for practice questions, topic tests and mock exams
- ✓ View all practice question, topic test and mock exam attempts over time
- ✓ View historical attempts to analyse your progress over time

Or visit
passfunctionalskills.co.uk

Section ARead **Source A** and answer **Questions 1 to 6**.**0 1**According to **Source A**, why is sleep important?**[1 mark]**'Sleep is vital for mental and physical health and impacts every part of the body.'**0 2**

You are advised to use a dictionary for this question.

Source A states: '...you can drift off into peaceful, restorative slumber.'

What does the word 'restorative' mean in this quotation?

- A** uninterrupted
- B** deep
- C** healing
- D** dreamless

Write the correct letter in the box.

Answer **[1 mark]****0 3**

The text implies that

- A** the Calm app is good value for money.
- B** famous people do not have problems sleeping.
- C** everyone suffers from anxiety and stress.
- D** the narrators are chosen because they have boring voices.

Write the correct letter in the box.

Answer **[1 mark]**

0 4

Use the information in **Source A** to decide whether each statement about the Calm app is **true** or **false**. Put a tick (✓) in the correct box.

	True	False
You must have a mobile phone to use the Calm app.		✓
Users of the Calm app can change the background sounds.	✓	
There are 40 tranquil nature settings in the app.		✓
An annual subscription to Calm costs £28.99.	✓	

[2 marks]

0 5

The writer of **Source A** presents both facts and opinions.

0 5 . 1

Identify **two** facts about the **sleep stories** in the Calm app.

Fact 1 They are narrated by celebrities.

Fact 2 They last between 15 and 45 minutes.

[1 mark]

0 5 . 2

Identify **two** opinions about the **sleep stories** in the Calm app.

Opinion 1 'We got a childish pleasure out of these'

Opinion 2 'Some titles...are especially suitable for children'

[1 mark]



0	6
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Explain how the writer of **Source A** uses words and language techniques to **describe** the effects of the Calm app.

You should provide examples from **Source A** in your answer.

[3 marks]

The writer uses emotive adjectives such as 'calming' and 'peaceful' to persuade the reader that the Calm app will make them feel relaxed. When the writer lists the serene sounds of a 'flowing river, garden rain, tropical beach, crackling fireplace', they use a range of adjectives and adverbs that encourage the reader to imagine themselves in the calm settings of a 'river', 'garden', 'beach' or 'fireplace'. Furthermore, the writer uses the sibilance of 'calming scene and soundscape' to create a soft and soothing tone.

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outside the
box*

10



Section B*Do not write
outside the
box*Read **Source B** and answer **Questions 7 to 11**.**0 7**

You are advised to use a dictionary for this question.

Source B states: '...detrimental consequences for your physical health'.

What does the word 'detrimental' mean in this quotation?

- A** positive
- B** harmful
- C** significant
- D** limited

Write the correct letter in the box.

Answer **[1 mark]****0 8**According to **Source B**,

- A** one in three people suffers from stress.
- B** men are more likely to buy sleeping pills online.
- C** sleep helps the body to produce glucose.
- D** sleep-deprived people are more at risk of accidents.

Write the correct letter in the box.

Answer **[1 mark]**

0 9

Use the information in **Source B** to decide whether each statement is **true** or **false**. Put a tick (✓) in the correct box.

	True	False
The patient with the problem sleeping is a man in his forties.	✓	
Leptin is a type of weight-loss medication.		✓
Overwork is the main cause of sleeping problems.		✓
This patient will be seen by a doctor before advice is given.	✓	

[2 marks]

1 0

From **Source B**, list **three** ways lack of sleep can affect **mood and mental health**.

[3 marks]

1 It can make you 'grumpy'.

2 It can 'cause brain fog'.

3 It leads to a 'depressed mood'.

1 1

From **Source B**, list **three** benefits of good quality sleep.

[3 marks]

1 It 'boosts immunity'.

2 It can 'keep you slim'.

3 It can 'help couples trying for a baby'.

10



Section C*Do not write
outside the
box*

Read **Source C** and answer **Questions 12** and **13**.

You will need to use both **Source A** and **Source C** to answer **Question 14**.

1 2

You are advised to use a dictionary for this question.

Source C states 'Blue light...which inhibits melatonin production'

In this quotation, the word 'inhibits' means

- A** stimulates.
- B** prevents.
- C** increases.
- D** reverses.

Write the correct letter in the box.

Answer

B

[1 mark]

1 3

From **Source C**, list **three** things a teenager should do to improve the quality of their sleep.

[3 marks]

1 'limit screen use in the bedroom'.

2 Avoid having 'too much caffeine'.

3 Keep their room 'dark, cool, quiet and comfortable'.



1	4
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Compare **Source A** and **Source C**. Write about what they say and how the material is conveyed.

You may wish to refer to the level of detail, presentation and language, formality, possible bias and how the writers come across.

[6 marks]

Source A is a more biased source than source C. Source A advertises an app using persuasive techniques including triples such as 'help you reset, reduce anxiety, and be still in your moment'. In contrast, source C is informative and more factual, as the aim of the source is to help people get to sleep rather than to advertise an app. Source C therefore includes more facts such as 'our bodies produce melatonin'.

Both sources are formal and avoid using contractions and slang, as they both aim to provide information that should be taken seriously. However, the focus and levels of detail in the sources are different. Source A focuses on informing readers about the Calm App and gives extremely detailed information such as '40 peaceful nature settings' and '15 to 45 minutes' to persuade the reader using facts about the app. In contrast, source C does not use specific and detailed figures, but offers facts more generally and provides tips about sleep. The different focuses of the sources are reflected in the images, with source A providing an image of the Calm App and source C depicting teenagers sleeping.

10

END OF QUESTIONS



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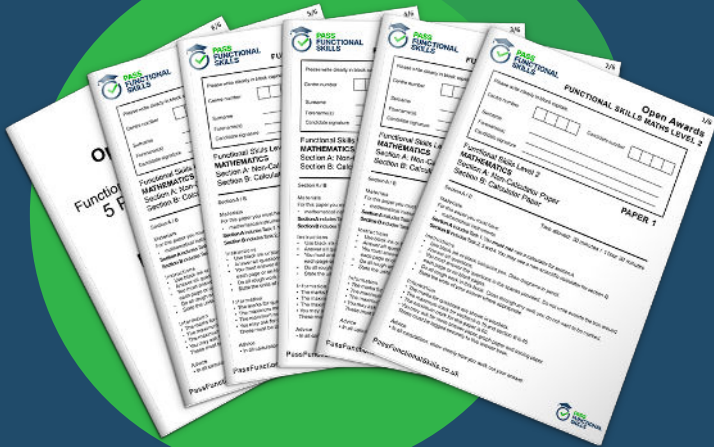
*Do not write
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ANSWER IN THE SPACES PROVIDED**

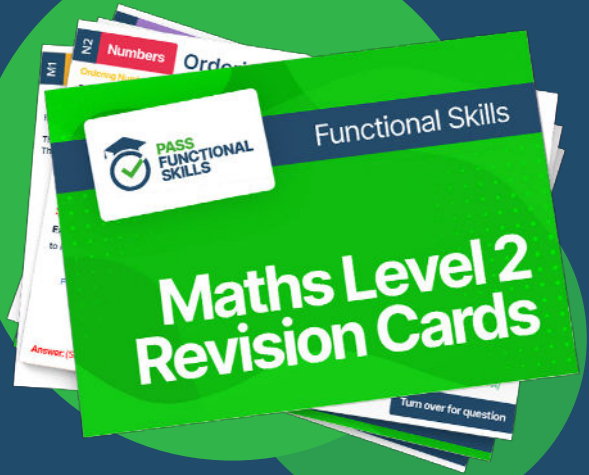




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