

Please write clearly in	า block capitals.	
Centre number	Candidate number	
Surname		
Forename(s)		
Candidate signature	I declare this is my own work.	/

# Functional Skills Level 1 ENGLISH

Paper 1 Reading

Time allowed: 1 hour

### Materials

For this paper you must have:

• Sources A, B and C which are provided in a separate Insert Booklet.

#### Instructions

- Use black ink or black ball-point pen.
- Fill in the boxes at the top of this page.
- Answer all questions.
- You must answer the questions in the spaces provided.
- Do not write outside the box around each page or on blank pages.
- If you need extra space for your answer(s), use the lined pages at the end of this book. Write the question number against your answer(s).
- Do all rough work in this answer book.
- Cross through any work you do not want to be marked.
- You must refer to the Insert Booklet provided.

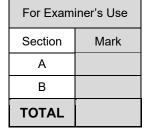
## Information

- The marks for questions are shown in brackets.
- The maximum mark for this paper is 26.
- You may use a dictionary.

#### Advice

You are advised to check your work carefully.





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	Read <b>Source A</b> and answer <b>Questions 1</b> to <b>6</b> .		
0 1	Use the information in <b>Source A</b> to decide whether each statement is <b>true</b> or <b>false</b> . Put a tick (✓) in the correct box.	ent about t	ne patient
		True	False
	The patient is a woman.		
	The patient got sleeping pills from the internet.		
	The patient had an accident due to being overtired.		
	The patient will be seen by a doctor.		
		•	[2 marks]
0 2	You are advised to use a dictionary for this question.		
	The patient in <b>Source A</b> says: 'The next day I'm fractious'.		
	What does the word 'fractious' mean in this quotation?		
	<ul><li>A tired</li><li>B unwell</li><li>C forgetful</li><li>D irritable</li></ul>		
	Write the correct letter in the box.		
	Answer		
	Allower		[1 mark]
0 3	Source A contains text and a photograph.		
	What <b>extra</b> information about the doctors' surgery does the phot	ograph sug	ggest?
	<ul> <li>A Both male and female doctors are available.</li> <li>B The surgery has an X-ray department.</li> <li>C Patients can get vaccinations at the surgery.</li> <li>D Doctors at the surgery can issue prescriptions.</li> </ul>		
	Write the correct letter in the box.		
	Answer		
	,		[1 mark]



Do not write outside the box

		True	False
	Good sleep helps the body to fight infection.		
	Most people sleep for more than eight hours a night.		
	Three people suffer from poor sleep.		
	People who don't sleep well tend to eat more.		
			[2 marks
5	You are advised to use a dictionary for this question.		
	Source A states: 'helping the body to withstand viruses and bu	gs.'	
	What does the word 'withstand' mean in this quotation?		
	<ul><li>A resist</li><li>B recognise</li><li>C understand</li><li>D weaken</li></ul>		
	Write the correct letter in the box.  Answer		
	Answer		[1 mark
6	What is the <b>main</b> purpose of the writing in <b>Source A</b> ?		
	<ul> <li>A To advertise the Online Doctor service.</li> <li>B To advise people how to get better sleep.</li> <li>C To explain the serious effects of poor sleep.</li> </ul>		
	Write the correct letter in the box.		
	Answer		[1 mark



	Read <b>Source B</b> and answer <b>Questions 7</b> to <b>9</b> .	
0 7	From the <b>Review section</b> of <b>Source B</b> , identify <b>one</b> positive thing and <b>one</b> ne thing Anita Jones tells us about the Calm app.	egative
0 7.1	Positive thing	
		[1 mark]
0 7.2	Negative thing	
		[1 mark]
0 8	You are advised to use a dictionary for this question.	
	Source B says: 'almost 40 tranquil nature settings.'	
	What does the word 'tranquil' mean in this quotation?	
	<ul> <li>A beautiful</li> <li>B peaceful</li> <li>C colourful</li> <li>D wonderful</li> </ul>	
	Write the correct letter in the box.	
	Answer	[1 mark]



	5	
0 9	In <b>Source B</b> , the writer says: 'Close your eyes and listen to 200 soothing soundtracks: a flowing river, garden rain, a tropical jungle'  The colon (:) in the middle of this sentence  A reminds the reader to close their eyes.  B acts as a smiling emoji.  C is doing the same job as a full stop.  D introduces the list of soundtracks.  Write the correct letter in the box.	Do not write outside the box
	Answer [1 mark]	
	Turn over for the next question	



Compare Source A and Source B.	
Identify <b>two</b> ways these sources are <b>similar to each other</b> .	
You could write about:	
what they look like	
how they are written	
what they are about.	[2 mark
1. Both sources	
2. Both sources	
Compare Source A and Source B.	
Identify two ways these sources are different from each other.	
You could write about:	
what they look like	
how they are written     what they say	
<ul><li>how they are written</li><li>what they say.</li></ul>	[2 mark
what they say.	[2 mark
what they say.	[2 mark
what they say.	[2 mark
what they say.  Difference 1	
what they say.	



# Section B

	Read Source C and answer Questions 12 to 17.	
1 2	Look at the language and structure used in <b>Source C</b> .	
	What is the main purpose of <b>Source C</b> ?	
	<ul> <li>A To persuade parents to ban their children from using screens at night.</li> <li>B To advise teenagers on lifestyle changes to help them sleep better.</li> <li>C To describe to children the negative effects of a lack of sleep.</li> </ul>	
	Write the correct letter in the box.  Answer	I4 mandal
		[1 mark]
1 3	Source C says: 'Insufficient sleep at night can make you feel sleepy'.	
	In this quotation what does 'insufficient' mean?	
	<ul> <li>A disrupted</li> <li>B unsatisfactory</li> <li>C too much</li> <li>D not enough</li> </ul>	
	Write the correct letter in the box.	
	Answer	[1 mark]
1 4	What does 'lack of sleep amongst teenagers is escalating' mean?	
	<ul> <li>A Teenagers find it difficult to deal with lack of sleep.</li> <li>B Teenagers find it easy to deal with lack of sleep.</li> <li>C The number of teenagers experiencing lack of sleep is rising.</li> <li>D The number of teenagers experiencing lack of sleep is falling.</li> </ul>	
	Write the correct letter in the box.	
	Answer	
	74104101	[1 mark]



1 5	Use the information in <b>Source C</b> to decide whether each statement is <b>true</b> or <b>false</b> Put a tick ( $\checkmark$ ) in the correct box.			
		True	False	
	Lack of sleep can improve friendships.			
	It's okay to have caffeine in the mornings.			

Eight hours' sleep is the minimum a teenager should have.

You should switch off screens at bedtime.

[2 marks]

Use the information in **Source C** to decide whether each statement is **fact** or **opinion**. Put a tick ( $\checkmark$ ) in the correct box.

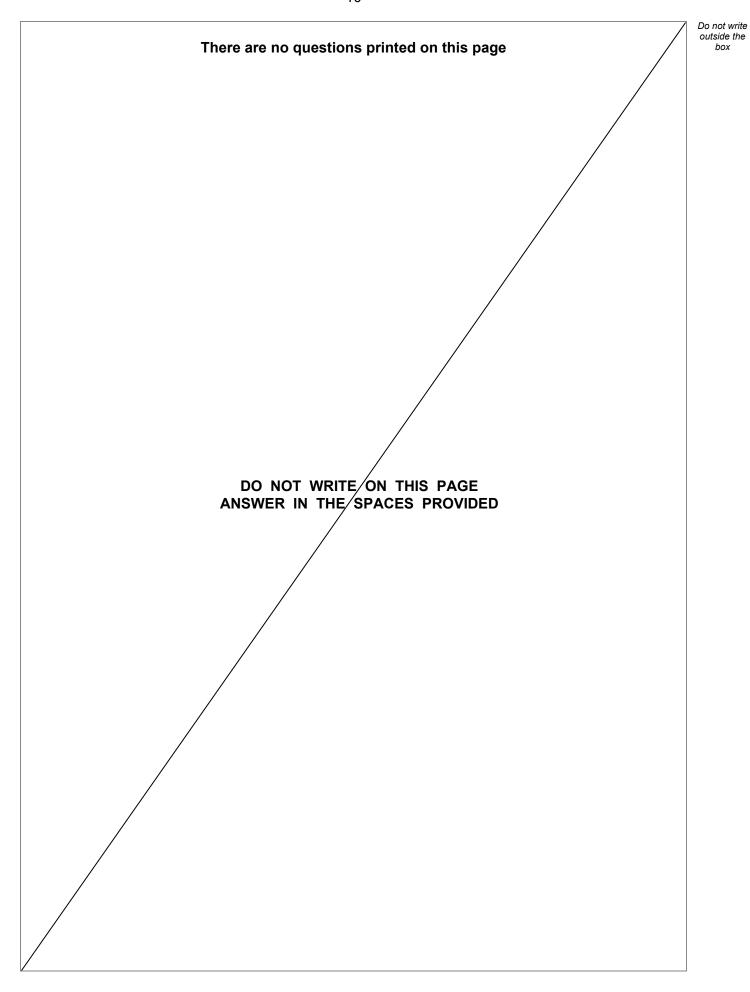
	Fact	Opinion
Teenagers are just idle		
Coffee is delicious		
Everyone loves a long, lazy lie-in		
caffeine too near to bedtime can stop you falling asleep		

[2 marks]



1 7	A friend has told you that they have problems with sleeping. You have promised to research sleep problems to help your friend.	C
	From <b>Source C</b> , make a <b>list</b> of things your friend could do <b>to help them sleep better</b> .  [3 marks]	
	_	
		_
		_
	END OF QUESTIONS	







Question number	Additional page, if required. Write the question numbers in the left-hand margin.



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