Reading – Practice Paper English For first teaching September 2019 Time: 45 minutes Candidate name Date You must have: A dictionary

Instructions

- Use blue or black ink. Do not use pencil.
- Answer ALL the questions for each text.
- Write your answers in the spaces provided.
- Some questions must be answered by ticking a box.
- If you change your mind about an answer, put a line through the box and mark your new answer with a tick.

Information

- The total mark for this paper is 24.
- You may use a dictionary.

Advice

- Read each question carefully.
- Make sure you know what to do before you write your answers.
 If you are not sure, ask.
- Use clear English.
- Check your work at the end.

Turn over ▶





Read Text A and answer Questions 1 to 7.

Text A

Loredale Walking Group

www.loredalewalking.biz

Going for a walk is a popular way to become more active. Walking is suitable for people of all ages and levels of fitness.

To get the most from your walk:

- 1. Wear strong shoes that are comfortable.
- 2. Choose loose-fitting clothing. In cold weather, wear several layers.
- 3. Make certain you drink enough water before, during and after your walk.
- 4. Start slowly and, when you feel ready, gradually increase your pace.
- 5. End your walk with some stretching exercises.

Regular walks help you to:

- stay healthy
- increase your fitness
- lift your mood.

Remember

Be seen and stay safe! At night wear a brightly-coloured reflective jacket. Always take a torch and mobile phone with you. Tell someone where you are going and when you are going to be back.

Loredale Walking Group meets every Tuesday and Saturday afternoon. For more information email: walk.co-ordinator@loredalewalks.biz

Write your answer on the line below	Write vo	our answ	er on the	line	below.
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1 What type of shoes should you wear on a walk?

Put a tick in the correct box.

2 You may use a dictionary to answer this question.

'Start slowly and, when you feel ready, gradually increase your pace.'

What does **pace** mean?

		~
А	fitness	
В	speed	
С	distance	
D	time	

(Total for Question 2 = 1 mark)

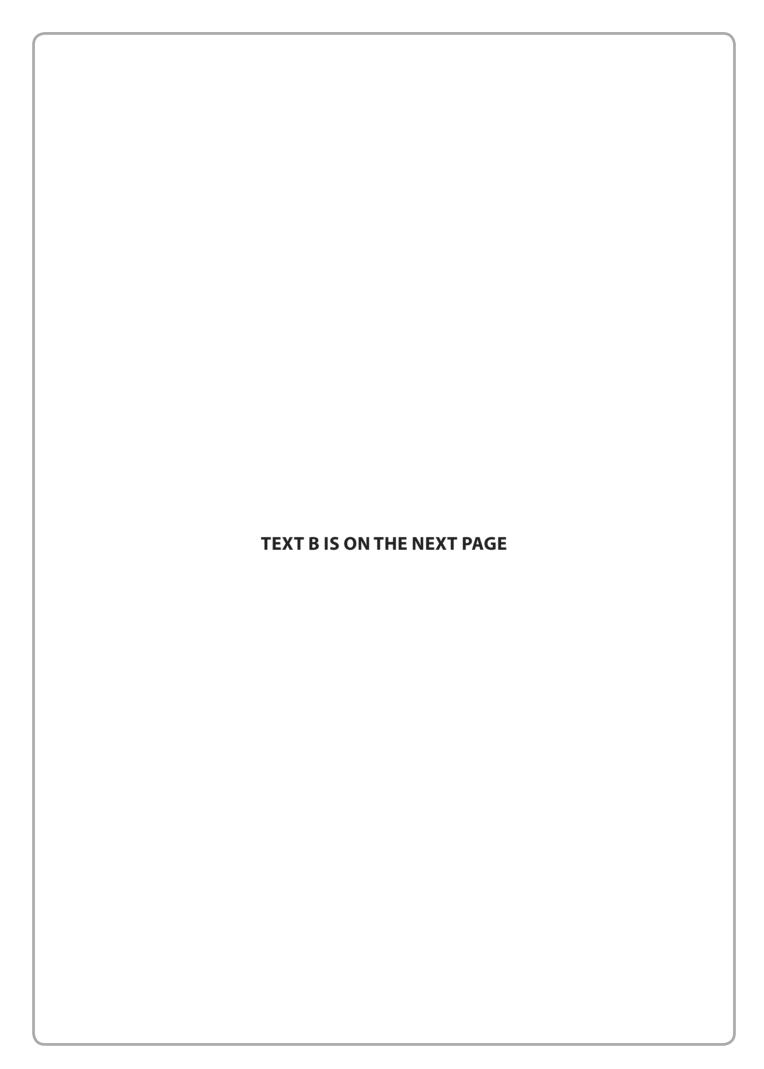
3 Which **one** of these statements is true?

		~
А	drink lots of water during your walk	
В	avoid going for a walk in cold weather	
С	the walks are unsuitable for young people	
D	begin your walk with stretching exercises	

(Total for Question 3 = 1 mark)

4	Give one example of the benefits of walking.									
		(Total for Question 4 = 1 mark)								
5	Name two things you can do to make sure that you stay safe on a walk.									
1										
2										
		(Total for Question	5 = 2	marks)						
6	To fin	d out more about Loredale Walking Group:								
			V							
	А	email the walk co-ordinator								
	В	meet the group on Saturday morning								
	С	phone the walk co-ordinator								
	D	D contact the walking group website								
		(Total for Questio	n 6 = 1	mark)						
7	The n	nain purpose of the text is to:								
	Δ.									
	A	give a description of a walk	$\vdash\vdash$							
	В	tell you how to contact the walk co-ordinator	Щ							
	С	give information about exercise	Ш							
	D	tell you how to get the best from your walks								

(Total for Question 7 = 1 mark)



Read Text B and answer Questions 8 to 12.

Text B

Online Shopping

Many people like to do their shopping online. Internet shopping has proved to be a very popular way for people to find a bargain. However, it is important that you shop safely online. Here are some tips to help you.

Choose websites carefully

Make sure that the website you choose has a postal address for the business. Ensure that the website is secure. The web address should start with https. Check that the site has good customer reviews.

Be suspicious of a product with a very low price. The product might be fake. If you are in any doubt about the prices or products on a particular website, avoid it.

Keep your details safe

Always choose a strong password, so it is difficult for people to guess. Passwords should be at least 8 characters in length and include a mixture of letters, numbers and symbols. Use a different password for each online account. Don't use the Wi-Fi in public places to make online purchases. Your information can easily be accessed by strangers.

Extra charges

Watch out for delivery and returns charges that apply. These can sometimes be more expensive than the item you have bought. Therefore, if there is no guarantee or returns policy, you should be careful.

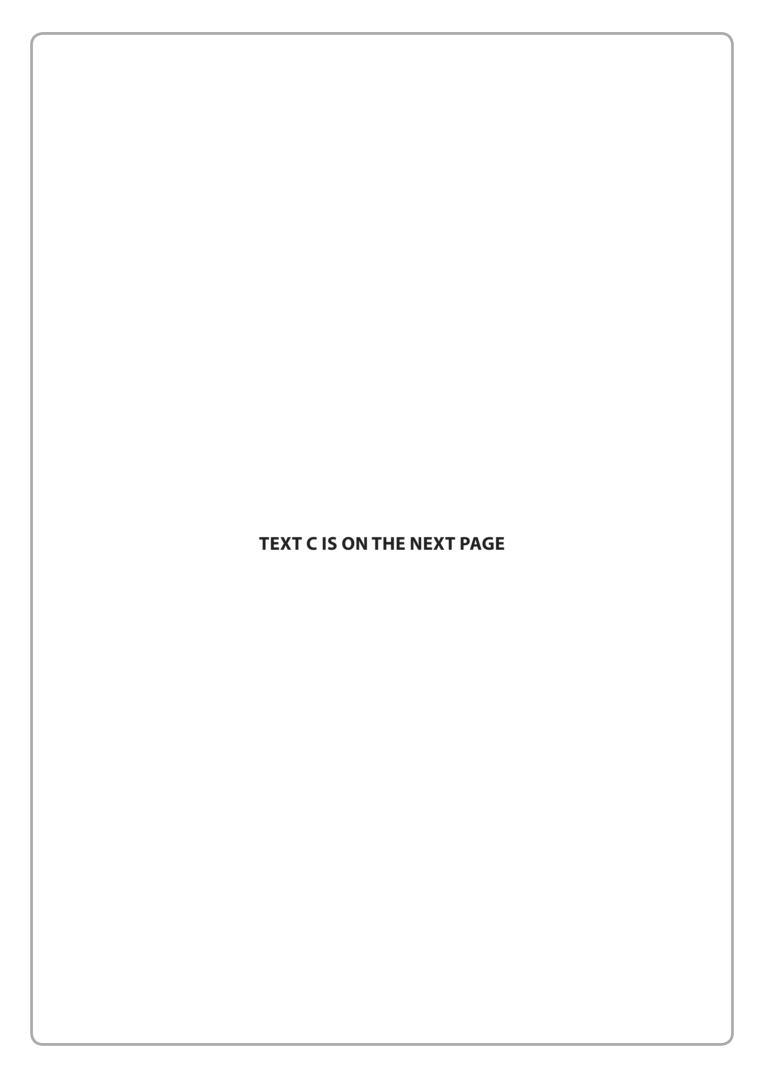
For more tips about shopping safely online visit www.shopsafelyonline.biz

8	List t l	hree things to consider when choosing a shopping website.
1		
2		
3		(Tatalfan Ossatian O. 2 manla)
9	You r	(Total for Question 8 = 3 marks) may use a dictionary to answer this question.
	ʻlf yo	u are in any doubt about the prices or products on a particular website,
	The v	vord avoid means:
	А	use a lot
	В	rarely use
	С	use sometimes
	D	do not use
		(Total for Question 9 = 1 mark)
10	Give	two ways that you can keep your details safe.
2		
		(Total for Question 10 = 2 marks)
11	What	can sometimes cost more than your purchase?
		(Total for Question 11 = 1 mark)

12 The **main** purpose of this text is to tell you how to:

		~
А	return a purchase	
В	use public Wi-Fi	
С	shop safely online	
D	get a bargain	

(Total for Question 12 = 1 mark)



Read Text C and answer Questions 13 to 17.

Text C

The Lane Medical Centre

Opening times

Monday to Friday: 8 am to 7.00 pm

Saturday: 8 am to 12.30 pm

Appointments are available:

- on the day
- one week in advance
- on Saturday mornings (pre-booked appointments only)

A duty doctor is on call Monday to Friday 8 am to 6 pm for home visits.

Appointments are available every weekday to see one of our community nurses.

We also offer the following:

Medicine reviews
Cough and cold advice
Travel health clinic
Support for carers
Stop smoking clinic

Please help us to keep our patient records up to date. Let us know of any recent changes to your address and telephone number.

Last month 73 people missed their appointments. If you are unable to keep your appointment, we would appreciate it if you would contact us. We can then offer the appointment to another patient. This will save the medical centre time and money.

Please be courteous to our staff at all times.

13 Which **one** of these statements is true?

		~
А	you can see a nurse on a Saturday morning	
В	last month 68 people missed their appointment	
С	a duty doctor is on call Monday to Saturday	
D	you can book an appointment 7 days in advance	

(Total for Question 13 = 1 mark)

14 Li	ist three	additional	services	that The	Lane	Medical	Centre	offers.
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1 _____

2

3

(Total for Question 14 = 3 marks)

15 Give **two** reasons why it is important to cancel your appointment if you are unable to attend.

1

2

(Total for Question 15 = 2 marks)

16	You may	use a	dictionary	y to	answer	this c	uestion.
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'Please be courteous to our staff at all times.'

Courteous means that you are:

		~
А	polite	
В	rude	
С	quiet	
D	harsh	

(Total for Question 16 = 1 mark)

17 The main purpose of the text is to:

		~
А	inform patients about the community nurses	
В	explain what the medical centre offers	
С	tell you about updating your patient record	
D	describe how to get to the medical centre	

(Total for Question 17 = 1 mark)

(TOTAL FOR PAPER = 24 MARKS)