

TQUK Functional Skills Qualification in English at Level 1

Reading Document Booklet Past Paper 5

Instructions

- Read each question **carefully**
- Answer **all** questions
- Write your answers **clearly** in the spaces provided
- **Check** your answers.

Information

- There are **2** documents to read
- The maximum mark for this exam is **20**
- The marks available for each question are shown in **bold** beneath each question
- You do **not** need to write in complete sentences
- You will **not** be assessed on spelling, punctuation and grammar.

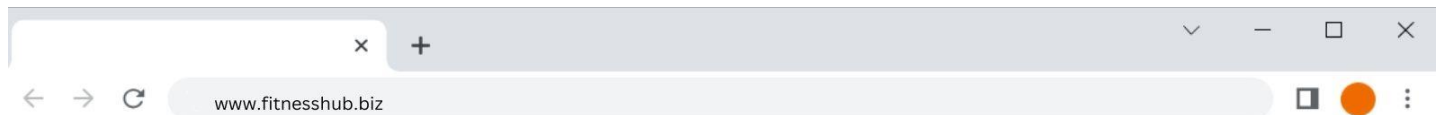
Items

- You **will** need the Examination Paper provided
- You **will** need a pen with black or blue ink
- You **are** allowed to use a dictionary
- You will **not need** any other stationery or equipment.

Time allowed: 60 minutes

Do not open this booklet until you are told to do so.

Document 1 Webpage



Fitness Hub - Your New Gym in Stanton

Welcome to Fitness Hub: your ultimate destination for fitness!

Are you ready to take your fitness journey to the next level? Look no further! Fitness Hub is excited to introduce our state-of-the-art gym facility, conveniently located in the heart of Stanton, next to the railway station.

Why choose Fitness Hub?

- Cutting-edge equipment. Our gym is equipped with the latest fitness kit to help you achieve your goals. From cardio machines to strength training equipment, we've got it all.
- Expert trainers. Our dedicated team of certified trainers is here to assist you on your fitness journey. All of our trainers have a vast range of qualifications in fitness and have also had customer service training. They will create a personalised plan to help you succeed.
- Flexible hours. We understand that life gets busy. That's why we offer flexible operating hours, so you can work out when it suits you best. Early birds and night owls, we've got you covered!
- Group classes. Join our wide range of group classes, suitable for all fitness levels. From invigorating yoga sessions to heart-pounding HIIT workouts, there's something for everyone. It's a fantastic way to stay motivated and make new fitness-minded friends.
- Affordable membership plans. We believe that fitness should be accessible to everyone. Explore our range of membership plans, including special discounts for students and seniors. Achieving your fitness goals has never been more affordable.

The personal touch

At Fitness Hub, we understand that everyone's fitness journey is unique. That's why we offer personalised fitness plans tailored to your specific goals and preferences. Whether you're looking to lose weight, gain muscle, or simply improve your overall health, our trainers will work closely with you to develop a plan that works for you. What's more, this is all included in your monthly membership.*

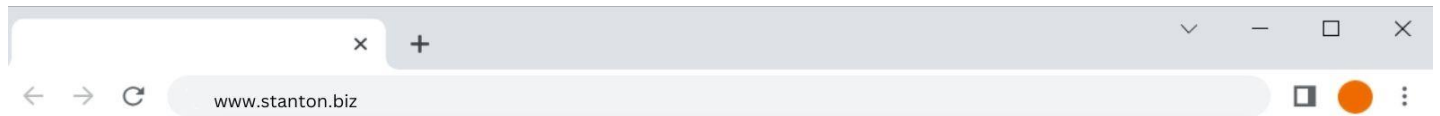


Join us today!

Don't miss out on this incredible opportunity to transform your life. Join Fitness Hub today and let us help you reach your fitness goals!

*fitness planning is free. Hourly or half-hourly one-to-one personal training is available at extra cost.

Document 2 Discussion Forum



Stanton Community Discussion Forum

Alex: Posted 1 week ago

I've wanted to join Fitness Hub since it opened in the New Year. I finally signed up last month and it's been a great experience so far. The trainers are knowledgeable and friendly. They could get anyone to competition-standard. Plus, the variety of equipment and classes keeps me motivated week in, week out. I've already lost 5 pounds!

Ahari: Posted 4 days ago

I have to disagree with Alex. I found the staff to be a bit unapproachable and the prices are a bit steep for my liking. I might look for a more budget-friendly option. However, I do appreciate the variety of classes they offer and the long opening hours.

Lee: Posted 3 days ago

I've been a member since it opened. The cleanliness and maintenance of the gym are top-notch and that's a big deal for me. I have splashed out on the personal training sessions and can honestly say that they are worth the extra cost. All the trainers are good, but I'd highly recommend Naomi.

Jamie: Posted 3 days ago

I love Fitness Hub! The convenience of their location is a big plus for me. The trainers are friendly and I've seen noticeable improvements in my fitness level since I enrolled. I agree that the prices are a bit high, but the quality makes it worth it. I've recommended it to all my friends.

Morgan: Posted 2 days ago

I tried out a Zumba class at Fitness Hub, it really wasn't my cup of tea. It was just too fast-paced. It is in a really handy location, though, and their long opening hours are a game-changer for someone with a busy schedule like mine. Zumba was a painful struggle, but maybe I should try a couple of other classes to see if they suit my pace better.

Micah: Posted 2 days ago

I'm new to town and was considering joining Fitness Hub. After reading these mixed reviews, I'm a bit unsure now. Can anyone provide more information on their class schedules and if they have a trial period?

Reply: Lee: Posted 1 day ago

Micah, I'd recommend checking out their website for class schedules and they have some great value trial offers. I'd say it's worth giving it a try for a month to see if it suits your needs. My favourite class is circuit training as the trainer really does work me hard!

This is the end of the booklet