

## Functional Skills Level 2 ENGLISH

Paper 1 Reading

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### Insert

The three sources that follow are:

**Source A:** a news report

**Source B:** a website article

**Source C:** an online advice forum

**Please open the Insert fully  
to see all three sources**

## Source A

### **Newquay reinvented:** By Johanna Carr

*“These days we don’t have a real problem with underage drinking.”*

Image of group of protestors not reproduced here due to third party copyright restrictions.

In the summer of 2009, Newquay’s image was in tatters. The town was known as a hardcore party resort where anything went. Thousands of teenagers made post-exam trips to the Cornish town to drink until they passed out. Gangs of partygoers roamed through the streets, making the town a no-go area after dark for families and couples.

Then two teenagers died falling from cliffs, while a third was seriously injured. Immediately, residents like Fiona Pendry marched on Newquay Town and Cornwall councils, demanding an end to the permissive culture in the town.

Fiona was living with her young family in Newquay town centre. Life was pretty tough – they struggled to sleep at night due to the noise, and were desperate to move away. “I can’t describe what it was like when the under-18s were coming,” says Fiona. “The underage drinking and nightclubs contributed to the antisocial behaviour...”

Soon, measures were brought in to try to ensure young people’s safety. Police started meeting teenagers as they arrived in town to check their bags for alcohol. Newquay Safe – an award-winning partnership between the council, police and about 20 other agencies – was set up and schemes like a bar crawl code of conduct, Challenge 25 and alcohol-free under-18s’ club nights all aimed to tackle the resort’s problems.

### **Newquay today**

Thankfully, Fiona very rarely sees the “disorderly drunks” in Newquay now and the “unruly underage kids” have stopped coming. Newquay used to be a magnet for rowdy fun-seekers but has been transformed into a modern resort with ethical food shops, yoga studios and wine bars alongside its pubs and clubs.

Data shows tourism in Newquay does not appear to have declined since the changes and actually visitor numbers rose by 10% up to 2019, largely thanks to the town’s family-friendly feel and beautiful beaches.



## Source B

ABOUT US	CONTACT	SHOP	PRESS OFFICE	LOGIN ▾	REGISTER
drinkerbeware.com for the facts	Check The Facts	Understand Your Drinking	Make a Change	Search... <input type="text"/>	

## How alcohol affects your appearance

- [Home](#)
- [Alcohol & you](#)
- [Facts](#)
- [Tips & Tools](#)
- [What we're doing](#)
- [Children & Alcohol](#)



A spotty face and tired eyes – drinking can have some unpalatable side effects.

We'll say it fast to be kind, but alcohol is fattening. The number of [calories in alcohol](#) means a few drinks are often the equivalent of a few bars of chocolate.

### Mirror, mirror...

Anyone who has suffered a hangover will know that mirrors are unforgiving things on a morning after the night before. Your skin looks pale, grey and tired. Specialist skin doctor, Nina Goad, explains: "Alcohol dehydrates your body generally, including the skin, which is your body's largest organ. This happens every time you drink. Alcohol is also thought to deprive the skin of certain vital vitamins and nutrients," she adds.

"One of the immediate effects of alcohol is to widen the small blood vessels in the skin, which can make the skin appear redder," says Goad. "The central areas of the face can become studded with small red bumps. Small enlarged blood vessels also appear, looking like thin red streaks."

Alcohol can also cause your face to look bloated and puffy. You might find it bloats your stomach too. And many believe the toxins in alcohol contribute to the build-up of cellulite – fat cells below the surface of the skin. Not the look you were going for?

Sorry, there's more. Hangover people don't smell too good either: 5–10% of the alcohol you drink leaves the body straightaway through your breath, sweat and urine.

So, hangover is not your best look, nor do you want to look like someone who's been a heavy drinker over a number of years. Why not [cut down on alcohol](#) and help preserve those good looks?

## Source C

## PARENTPLUS: A Listening Ear & A Friendly Voice



### Should I buy alcohol for my child?

My daughter's friends and classmates are organising a party to celebrate the end of their A-level exams and I know the drink will be flowing, mostly provided by other parents. My daughter has asked me to buy vodka for her to take to the party. Although she's not interested in alcohol, she's worried about not drinking and being seen as a misfit. I've explained that it's strictly illegal to buy alcohol for someone under 18 and I would much prefer her not to drink alcohol at all. But I want her to celebrate the end of her exams and feel comfortable with her friends. Would it hurt just this once? What should I do?

Worried Mum

#### Dear Worried Mum,

These alcohol chats are so important. Many parents purchase alcohol for their children's end-of-exam celebrations, despite this being illegal. In addition, people who start drinking regularly at a young age are more likely to have alcohol-related problems as an adult.

A sage parent would encourage their teenager to say "No" altogether but that isn't easy these days. However, not drinking is becoming much more visible and acceptable thanks to schemes such as Dry January and other drink-free challenges. A recent survey of university students found almost 44% choosing to socialise without consuming alcohol. For young people, there are initiatives such as alcohol-free raves and the "conscious clubbing" movement, which encourages party-goers to stay in control. The rise in café culture also provides safe spaces to socialise without alcohol.

Try encouraging your daughter to enjoy life without alcohol and be proud to be different.

**END OF SOURCES**

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**Open out this page to see  
Source B and Source C**

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