

Functional Skills Level 1 ENGLISH

Paper 1 Reading

Insert

The three sources that follow are:

Source A: a news report about underage drinking in Newquay

Source B: an online advice forum about underage drinking

Source C: a webpage about the effects of alcohol

**Please open the Insert fully
to see all three sources**

Source A**Newquay Reinvented:** By Johanna Carr**Picture 1**

Image of group of protestors not reproduced here due to third party copyright restrictions.

“These days we don’t have a real problem with underage drinking.”

The town of Newquay in Cornwall was once famous for wild nightlife and parties. Groups of boisterous people in ridiculous costumes roamed around all night. Every summer, thousands of teenagers arrived to celebrate the end of exams. Young people were drinking alcohol and causing trouble everywhere. Many local people felt the town was unsafe after dark.

Fiona Pendry was living with her young family in Newquay town centre. They struggled to sleep at night due to the noise, and were trying desperately to move away. Fiona said, “There was underage drinking and antisocial behaviour. Several cars were damaged, including mine. No one was safe, especially these young teenagers, and nothing was being done to stop it. Life was unbearable.”

Then, two teenagers died falling from cliffs and a third was seriously injured. Immediately, residents of the town, including Fiona, organised protest marches to their local councils. They demanded urgent action. Time was up for Newquay’s revellers.

Measures were brought in to try to ensure young people’s safety. Police started meeting teenagers as they arrived in town and bags were checked for alcohol. A special group called Newquay Safe was set up, which included the police. Challenge 25 made sure that everyone who looked younger than 25 had to show ID and special under-18s’ club nights with no alcohol were held.

Today, Newquay is a friendly resort where people can once more enjoy holidaying on the beautiful beaches.

Picture 2

Source B

PARENTPLUS: A Listening Ear & A Friendly Voice



Should I buy alcohol for my child?

My daughter has just finished her GCSE exams. She wants to go to a party with school friends to celebrate. I suspect that the drink will be flowing freely, with alcohol bought by parents. My daughter has asked me to buy some alcohol for her to take. She's never even tried alcohol and isn't interested in drinking. But she's worried about being the odd one out if she doesn't join in the drinking. I don't want her to start drinking but I want her to enjoy celebrating the end of her exams. What should I do?

Worried Mum

Dear Worried Mum,

These alcohol chats are so important. Many parents plan to buy alcohol for their children to celebrate the end of exams, even though this is illegal. Why not try talking to your daughter about the benefits of saying "No" to a drink? She might feel proud of herself for being strong enough to resist the pressure to join in, like the students below!

A survey of university students found that nearly half of them were going out with friends and enjoying themselves without drinking alcohol. At first, they were worried that not drinking might spoil their social lives and they would be missing out on fun. Some were concerned about peer pressure to join in with drinking. But many of them realised that not drinking helped them to sleep soundly and study better.

A quiet chat should help her to see that you only want what's best for her. Good luck!



Source C



How alcohol affects your appearance

- [Home](#)
- [Alcohol & you](#)
- [Facts](#)
- [Tips & Tools](#)
- [What we're doing](#)
- [Children & Alcohol](#)



For many people, alcohol tastes delicious and has transitory effects like a sparkle in the eyes. But too much alcohol can give you a hangover and make you feel ill. Drinking affects your appearance too, for example, a spotty face and tired eyes.

Mirror, mirror...

You may not like what you see in the mirror when you're hungover. Your skin looks pale and tired, like a ghost. Skin specialist, Dr Nina Goad, explains: "Alcohol makes your whole body drier, including the skin. This is your body's largest organ and alcohol deprives it of vitamins and nutrients."

Drinking alcohol can make your face look bloated and puffy with thin red streaks or red all over. Not a great look?

It's not just your face which suffers. The toxins in alcohol contribute to the build-up of fat cells below the surface of the skin, called cellulite. This can give your legs and thighs a lumpy, dimpled appearance. In terms of calories, a few drinks equals a few bars of chocolate: alcohol is fattening!

Sorry, but there's more. 5-10% of the alcohol you drink leaves the body straightaway through your breath, sweat and urine. Put simply, hungover people don't smell too good.

So why not [cut down on alcohol](#) and help preserve those good looks?

END OF SOURCES

There are no sources printed on this page

**Open out this page to see
Source B and Source C**

There are no sources printed on this page

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